Tweets
Each year, a number of UBC students, staff, and faculty consider suicide. Find out how you can help prevent it: <http://ow.ly/aBF9308aOq9>

Reaching out early and preventing suicide requires everyone's help: <http://ow.ly/aBF9308aOq9> #reachoutUBC

Show your support for suicide awareness and prevention: wear orange on Suicide Awareness Day, January 25 <http://ow.ly/aBF9308aOq9> #reachoutUBC

Find out what you can do to help prevent suicide, whether you're concerned about yourself or someone else #reachoutUBC <http://ow.ly/aBF9308aOq9>

Thoughts about suicide must always be taken seriously. <http://ow.ly/aBF9308aOq9> #reachoutUBC

Learn about suicide warning signs & find out how to talk about them - discover support & resources: <http://ow.ly/aBF9308aOq9> #reachoutUBC

Whether you're thinking about suicide yourself, or know someone who might be, reach out: <http://ow.ly/aBF9308aOq9> #reachoutUBC

Wear something orange tomorrow and show your support for suicide awareness and prevention. <http://ow.ly/aBF9308aOq9> #reachoutUBC

Show off your orange clothing tomorrow for Suicide Awareness Day. <http://ow.ly/aBF9308aOq9> #reachoutUBC

Today is Suicide Awareness Day at #UBC. Find out what you can do to help prevent suicide: <http://ow.ly/aBF9308aOq9> #reachoutUBC
Newsletter Excerpts
**Reach out. Help prevent suicide.**

Reaching out early and preventing suicide requires everyone’s help. Show your support for suicide awareness and prevention: wear orange on Suicide Awareness Day, January 25: <http://ow.ly/aBF9308aOq9>

**Reach out. Help prevent suicide.**

Learn about suicide warning signs and find out how to talk about them. Show your support for suicide awareness and prevention: wear orange on Suicide Awareness Day, January 25: <http://ow.ly/aBF9308aOq9>