Tweets  
Each year, a number of UBC students, staff, and faculty consider suicide. Find out how you can help prevent it: <http://ow.ly/aBF9308aOq9>   
  
Reaching out early and preventing suicide requires everyone's help: <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Show your support for suicide awareness and prevention: wear orange on Suicide Awareness Day, January 25 <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Find out what you can do to help prevent suicide, whether you're concerned about yourself or someone else #reachoutUBC <http://ow.ly/aBF9308aOq9>   
  
Thoughts about suicide must always be taken seriously. <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Learn about suicide warning signs & find out how to talk about them - discover support & resources: <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Whether you're thinking about suicide yourself, or know someone who might be, reach out: <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Wear something orange tomorrow and show your support for suicide awareness and prevention. <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Show off your orange clothing tomorrow for Suicide Awareness Day. <http://ow.ly/aBF9308aOq9> #reachoutUBC  
  
Today is Suicide Awareness Day at #UBC. Find out what you can do to help prevent suicide: <http://ow.ly/aBF9308aOq9> #reachoutUBC  
Newsletter Excerpts  
**Reach out. Help prevent suicide.**

Reaching out early and preventing suicide requires everyone’s help. Show your support for suicide awareness and prevention: wear orange on Suicide Awareness Day, January 25: <http://ow.ly/aBF9308aOq9>  
  
**Reach out. Help prevent suicide.**

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